

Weekly Diabetes Update

December 5, 2008

CVS Caremark Presents Influenza Vaccine Data at Rescheduled 2008 DMAA Annual Meeting

Study Results Indicate Flu Vaccinations May Reduce Hospitalization Rates

CVS announced today the findings from a yearlong study, suggesting that influenza vaccinations can help reduce the risk of hospitalizations in patients with chronic conditions.

Read More...

<http://www.marketwatch.com/news/story/CVS-Caremark-Presents-Influenza-Vaccine/story.aspx?guid=%7B9031FDB2-D36D-4AE4-BECC-D3BC2625D945%7D>

FUNDING OPPORTUNITIES

"Make it Matter"

"Make it Matter" is a new initiative of the Reader's Digest Foundation. The Foundation will give away \$1 million to nonprofit organizations based on inspiring stories submitted by the public. Every month for ten months, Reader's Digest will choose one individual whose story of giving back serves as an inspiration to others. For each story, the Reader's Digest Foundation will donate \$100,000 to a nonprofit organization that is associated either with the story or the cause. These individuals and their stories of giving back will appear every month in the new "Make it Matter" column in Reader's Digest and on rd.com, beginning with the April 2009 issue.

January 1, 2009 is the deadline.

<http://www.efundraising.com/Readers-Digest-Foundation.aspx?partner=grantsalert>

'Champions for Healthy Kids

The General Mills Foundation, in partnership with the American Dietetic Association Foundation and the President's Council on Physical Fitness, developed the Champions for Healthy Kids grant program in 2002. Each year since inception, the General Mills Foundation awards 50 grants of \$10,000 each to community-based groups that develop creative ways to help youth adopt a balanced diet and physically active lifestyle. **Online applications are due**

January 15, 2009 (at 11:59 pm CST).

<http://www.generalmills.com/corporate/commitment/champions.aspx>

Abbott Laboratories Fund

The Abbott Laboratories Fund (The Fund) is an Illinois not-for-profit, philanthropic corporation established in 1951 by Abbott Laboratories. Currently the Fund provides support through cash grants to recipients who operate in the areas of health and welfare, education, culture, art, civic and public policy. The Fund generally gives preference to requests for one-time contributions and for programmatic and operating purposes. All Grant requests are accepted on-line and require the following information: Description of your organization's mission; Confirmation of current 501 (c) (3) U.S. Internal Revenue Service; Geographic area served; Description of the project(s) / programs(s) for which support is requested; Amount of money requested; Budget information; and List of corporations and foundations supporting the organization. **Ongoing deadline.**

<http://www.abbottfund.org/>

Healthy Community Outreach Program

Awards will be granted to nonprofit organizations to support grassroots efforts which increase awareness on critical health initiatives through health walks, health fairs and health education outreach. Grants up to \$25,000 will be considered. Please provide all levels of event sponsorships on your application. Nonprofit organizations with evidence of IRS 501(c)(3) designation or de facto tax-exempt status may apply for a grant, with the following exceptions: advertising; capital campaigns; grants or scholarships to individuals; multiyear requests; political causes and events; or religious organizations in support of their sacramental or theological functions. **Ongoing deadline.**

http://www.aetna.com/foundation/grants_reg/guidelines.html

The Allen Foundation

Grant applications are accepted for efforts affecting health and nutrition. The Allen Foundation focuses on nutritional research, education and training to improve the health of children, young adults and mothers during pregnancy and after birth. **Ongoing deadline.**

<https://www.allenfoundation.org/Default.asp?>

American Legacy Small Innovative Grants

Grants made by the American Legacy Foundation will further its goal of creating tobacco-free generations. At the heart of Legacy's grant program is the effort to identify new and improved ways to develop effective tobacco control programs. Awards issued for innovative grants and research demonstration projects ("grants") must address one or more of Legacy's Goals to reduce youth tobacco use; reduce exposure to second-hand smoke among all ages and populations; or increase successful quit rates among all ages and populations. Legacy expects to issue nonrenewable grants in the range of \$20,000 to \$100,000 per year. **Ongoing deadline.**

<http://www.americanlegacy.org/>

DIABETES NEWS

Partnership for Peak Healthcare Performance Research Shows Consumers' Lack Involvement in Managing Their Health

While data indicates that area doctors are doing a good job and employers are making huge investments in the health of their employees, none of this matters if consumers don't take an active role in managing their health.

Read More...

<http://www.marketwatch.com/news/story/Partnership-Peak-Healthcare-Performance-Research/story.aspx?guid=%7B17F6B0FC-74FF-4288-891A-30D18FFA5D4F%7D>

The Joe Toucan Diabetes Project Welcomes Billie Jean King to Its Advisory Board

LOS ANGELES, CA, Dec 02, 2008 (MARKET WIRE via COMTEX) -- The Joe Toucan Diabetes Project, a 501(c)(3) organization focused on researching, producing, and developing empowering projects, supplies and accessories for children and young adults living with diabetes, announces that Billie Jean King, sports icon and social activist, will be joining its advisory board.

Read More...

<http://www.marketwatch.com/news/story/The-Joe-Toucan-Diabetes-Project/story.aspx?guid=%7B998FBEE0-D23E-4FB9-8529-D1D9604F17CF%7D>

Generex Announces Positive Results of Metformin Chewing Gum Trial

Results Suggest That the Company's Metformin Chewing Gum is Therapeutically Equivalent to Traditional Metformin Tablets

Results of this fully compliant ICH-GCP conducted study indicate that the MetControl Metformin chewing gum and traditional Metformin tablets are bioequivalent in respect of both the rate and the extent of systemic absorption such that MetControl and Metformin tablets are therapeutically equivalent and therefore interchangeable.

Read More...

<http://www.marketwatch.com/news/story/Generex-Announces-Positive-Results-Metformin/story.aspx?guid=%7BB9700989-BE53-4073-9528-3507782A2BF9%7D>

Vermont called healthiest state, Louisiana last

WASHINGTON (Reuters) - Louisiana has displaced Mississippi as the unhealthiest U.S. state and other Southern states were close rivals due to high obesity and smoking rates in new rankings that deemed Vermont the healthiest.

Read More...

<http://www.reuters.com/article/domesticNews/idUSTRE4B276H20081203>

New website from Better Homes and Gardens Diabetic Living also provides tips to lower A1C levels.

The companion site to the popular Diabetic Living magazine, Diabetic Living Online helps people with diabetes learn how to live the life they want and make the best choices for their health -- without feeling overwhelmed. Launched last month, Diabetic Living Online also helps people with diabetes find relief, feel in control, and experience encouragement from other people living - and thriving - with diabetes.

Read More...

<http://www.diabeticlivingonline.com/>

RECIPIE

Artichoke Dip



Serve with fresh sliced vegetables.

Ingredients

- 9-ounce package frozen no-salt-added artichoke hearts, thawed, drained
- 4 ounces fat-free or low-fat cream cheese, room temperature
- 1/2 cup plain nonfat or low-fat yogurt
- 1/4 cup thinly sliced green onions (green part only)
- 1-1/2 teaspoons cream sherry
- 1 teaspoon salt-free Italian herb seasoning
- 1/8 teaspoon salt

Directions

1. Blot artichokes dry on paper towels. Chop into small pieces.
2. In medium bowl, whisk together remaining ingredients, blending well. Stir in artichokes.

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3. Cover and refrigerate for at least 1 hour to allow flavors to blend.
4. Stir before serving.

Nutritional Information (Per Serving)	
Calories:	20
Protein:	2 g
Sodium:	79 mg
Carbohydrates:	3 g
Exchanges:	1/2 Low-Fat meat

The reference to an information source in the Weekly Diabetes Update does not constitute an endorsement of that source.

If you would like an announcement included in a Weekly Diabetes Update, please email the request to our office at DiabetesMO@dhss.mo.gov